
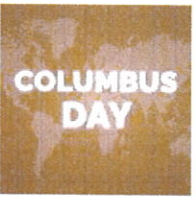







IC Catholic Prep

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Quesadilla Spanish Rice Fried Curly Fries Hamburger Fried Chicken Nuggets	4 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	5 Cheese Ravioli Marinara Garlic Breadsticks Hamburger French Fries Chicken Tenders	6 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	7 Mushroom Swiss Burger French Fries Hamburger Sausage Pizza Puffs 
10 	11 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	12 NO LUNCH SERVICE 	13 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	14 Hamburger BBQ Grilled Onion Burger Fried Curly Fries Sausage Pizza Puffs 
17 Chicken & Waffles Fried Tater Tots Hamburger Fried Chicken Nuggets	18 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	19 Popcorn Chicken Bowl French Fries Hamburger Chicken Tenders	20 	21 
24 Bosco Sticks French Fries Hamburger Fried Chicken Nuggets	25 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	26 Chicken Alfredo Pasta Garlic Breadsticks French Fries Hamburger Chicken Tenders	27 Baked Boneless Wings French Fries Hamburger Mozzarella Sticks	28 Hamburger Sausage Pizza Puffs  BBQ Ranch Chicken Sandwich Fried Curly Fries
31 Fried Chicken Nuggets Double Cheeseburger French Fries Hamburger				